

Hungry for good food and great information?

Healthy Food.
Healthier YOU!

Thursday, April 21, 2016
11 a.m. to 1 p.m.

Food Demonstration and Taste Testing

Chef Nick Rapis

Director, Mercy Nutrition Services

Healthier Nutrition

Shirley Lahey, RD,LD

EL CENTRO de SERVICIOS SOCIALES, INC.

2800 Pearl Avenue, Lorain, OH 44055

THIS IS A FREE EVENT OPEN TO THE PUBLIC

THIS EVENT IS FUNDED BY OHIO COMMISSION ON MINORITY HEALTH

